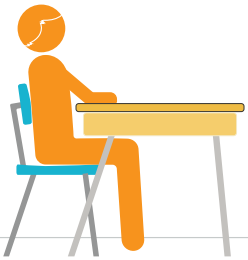
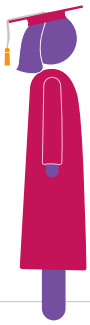
School breakfast creates pathways for student success!

From the First Day of School

Through Middle & High School



To Graduation Day



Lowers

Reduces anxiety & depression, & creates opportunities to incorporate social-emotional learning

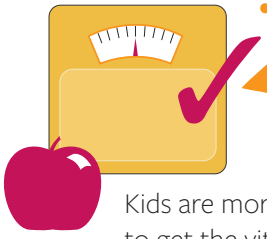
Improves

Improves alertness, comprehension, attention, & memory

Fewer

Fewer instances of tardiness, behavioral issues/disciplinary office referrals, hyperactivity, & absenteeism

Healthier



Kids are more likely to get the vitamins & minerals they need & less likely to be overweight

More

Increases math & reading scores, & improves performance on standardized tests

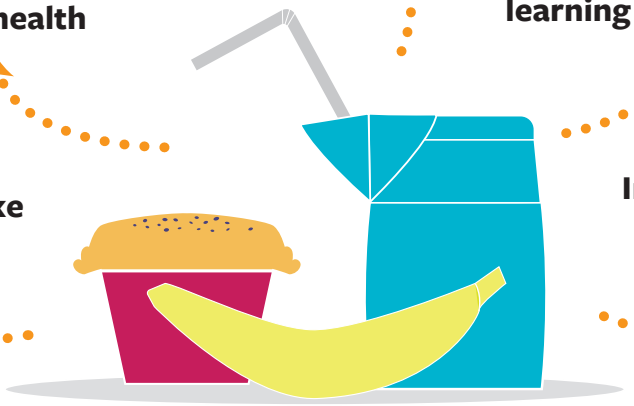
Prepares students to be engaged learners

Supports student mental health

Fosters the learning environment

Improves overall health & dietary intake

Improves academic performance



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